



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2024-2025



School Name & Location Number:	Redland Elementary School WL #4581
Principal:	Ms. Katori Wisdom
Phone Number:	305-247-8141 Ext. 2111
School Wellness/Healthy School Team Leader:	Dr. Jaqueline Busha
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<p>Ms. Katori Wisdom, Principal</p> <p>Ms. Diane Cardona, Assistant Principal</p> <p>Heather Parker, Assistant Principal</p> <p>Ms. Lemus, Cafeteria Manager</p> <p>Dr. Busha, Physical Education Teacher</p> <p>Mr. Guerrero, Physical Education Teacher</p> <p>Ms. Jaqueline Jiménez, Community Liaison Specialist</p> <p>Khloey Martin, 5th grade student</p> <p>Bradley Oquendo, 5th grade student</p>
Committee Meeting Dates:	<p>January 18, 2025</p> <p>February 22, 2025</p> <p>March 14, 2025</p> <p>April 11, 2025</p> <p>May 16, 2025</p>
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare

<p>Steps to Achieve School Wellness/Healthy School Team Goal:</p>	<p><u>Nutrition</u></p> <ol style="list-style-type: none"> 1. Conduct initial meeting and establish goals/dates. 2. Develop an action plan and flyer for stakeholders. 3. Communicate and post the action plan to stakeholders via school’s monthly newsletter, school’s website, and send via school messenger. <p><u>Physical Education & Physical Activity</u></p> <ol style="list-style-type: none"> 1. Conduct initial meeting and establish goals/dates. 2. Develop an action plan and flyer for stakeholders. 3. Communicate and post the action plan to stakeholders via school’s monthly newsletter, school’s website, and send via school messenger. 4. Include in the morning announcements. 5. Encourage teachers to provide time for physical activities during recess. <p><u>Health and Nutrition Literacy</u></p> <ol style="list-style-type: none"> 1. Meet with the team. 2. Establish details to be shared with stakeholder (when, how, frequency). 3. Communicate and post monthly health and nutrition snippets via school’s monthly newsletter, school’s website, school messenger. 4. Include in the morning announcements.
<p>Community Engagement:</p>	<p>The team will develop and invite parents to respective informational workshops on nutritional, and physical activity topics.</p>
<p>Monitoring and Evaluation:</p>	<p>Surveys will be provided to stakeholders to gather feedback regarding the effectiveness of the respective initiatives. Adjustments will be made based as necessary.</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	

